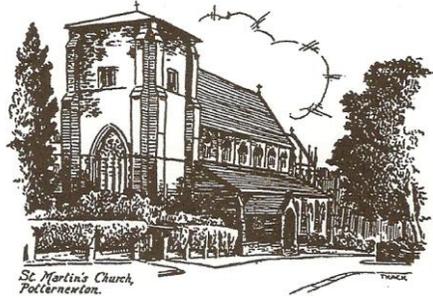


Reach Out

St Martin's Church Magazine

 THE CHURCH
OF ENGLAND
Diocese of Leeds



November 2020



£ 1

Services: Sunday Eucharist at 10am in church and via Facebook;
Morning Prayer Wednesdays at 10am on Zoom
Evening Prayer Wednesdays at 5.00pm via Facebook



<https://www.facebook.com/StMartinPotternewton/>

www.stmartinleeds.org.uk



@FrNicholasLP

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Confession or for other matters please contact Fr. Nicholas.

Reach Out

St Martin's Church aims to praise God, to share the good news,
to be a welcoming loving church serving all.
Praise, Share, Welcome, Love, Serve.
There is a place for you at St Martin's

Editor's Comment:

So autumn is zooming on by at a pace. Despite the lack of normality imposed by the pandemic at least we can still marvel at the beautiful autumn colours which never fail to impress year after year. November will bring its own challenges in marking All Souls' Day, Remembrance Sunday, St Martin's patronal and the start of Advent in the "new normal" way. Never has the concept of waiting patiently been more apt for the start of Advent. We hope this edition of the magazine finds you in good health. Stay safe and well.

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Pastoral Letter

Thanking God in Every Circumstance!

Harvest indeed has been a time of celebration, a time of giving and of thanksgiving, but under very different circumstances. The lockdown restrictions have meant that some of the things we were used to, we could not afford to do. Such as having toddlers coming for the Harvest celebration to sing in church, serving tea and coffee after the service and of course our bring and share meal on Harvest Sunday. Despite the challenges, we still managed to have a low key Tots service.

All that has been happening these past few month has led me to reflect on the theme of Harvest, of being thankful and how this can be lived out during this time.

Is there something that we can be thankful for? Listening to the Archbishop of York, Stephen Cottrell has helped me to understand that "Christian-hope" is not necessarily about things getting better, so to speak. Though of course, we continue to hope so. But rather it's about the realisation that regardless of what we go through, God will be on our side. So our hope is bigger than things not turning out so bad.

This, friends, has implications in our lives, and makes us realise that we do not have to pause or put a full stop, in our Christian life of discipleship, based on the challenges we are currently facing during this time of the lockdown and increasing restrictions being placed on what we can and cannot do.

Yes, it is a time to embrace the "*new circumstances*", what some have referred to as the "new normal". Whilst it can be unsettling to know that our idea of the world or life has changed (or has been reconfigured). The Bible is not muted in situations of this magnitude, if we were to read into the life of the children of Israel (Deuteronomy 34:1-11 NIV), we will be introduced to a situation in which the death of the great prophet Moses left people unsure of their future, since they had lost their great leader. BUT God raised up a Joshua (son of Nun), who was strengthened for the new situation, to help the children of Israel to persevere.

Let us all pray for God's grace to persevere, as this will not be based on our own efforts or our wisdom or ability to plan and strategise.

Let us be encouraged by the words of Job, who after losing all his children and material possession on earth, and was also poorly, here is what he had to say:

Even though (God) kills me, I'll continue to hope in him. At least I'll be able to argue my case to his face! (Job 13:15 ISV)

God bless you!
Fr. Ericcson



PCC DIGEST

On Tuesday 6th September the PCC met online via Zoom and here is some information about its deliberations:

- As the first rent payments by the very few groups now allowed to use the Institute start to come in, we are seeing the first positive impact on our parish accounts: clearly not comparable to what our income used to be before Covid, but a small step in the right direction.
- As it does every year, also this year the PCC has reviewed and approved its Safeguarding Policy Statement.
- Those entitled to cast their vote at the APCM on Sunday 25th after the service, and who this year will not be able to be in attendance because of the pandemic, are allowed to express their vote or their candidacy by email or by telephone.
- For this year's Memorial Service, to avoid risking to jeopardise the safety of people in attendance, the PCC has decided to hold two services instead of one, both at 3 pm on Sundays 1st and 8th November, inviting only two members per family of the 20 bereaved over the last 12 months, divided into two separate groups of 10 families each.
- With the assistance of Revd Colin, Jennie is preparing the paperwork that will hopefully obtain us the ok of the City Council for very needed refurbishing work in the Institute's kitchen.
- The next Zoom meeting of the new PCC is scheduled for Tuesday 3rd November at 6:00 pm.

Fr Nicholas

Calendar



November

Sun 1st	<u>All Saints Day</u> 8.30 am Morning Prayer in church 10.00 am Parish Eucharist (also streamed on our Facebook page) 3.00 pm Memorial Service
Mon 2nd	<u>All Souls' Day</u> 6.00 pm "How to pray" Faith Group on Zoom (ask Revd Jane for details)
Tues 3rd	6.00 pm PCC meeting on Zoom
Weds 4th	10.00 am Morning Prayer on Zoom 5.00 pm Sung Evening Prayer (also streamed on our Facebook page)
Fri 6th	7:30 pm Quiz on Zoom – all welcome (ask Revd Jane for details)
Sat 7th	11.30 am Community Kitchen until 1:30 pm
Sun 8th	<u>Remembrance Sunday and Patronal</u> 8.30 am Morning Prayer in church 10.00 am Parish Eucharist (also streamed on our Facebook page) PM Evening Prayer in church (time varies each week – please ask Fr Nicholas)
Mon 9th	6.00 pm "How to pray" Faith Group on Zoom (ask Revd Jane for details)
Weds 11th	10:00 am Morning Prayer on Zoom 5.00 pm Sung Evening Prayer (also streamed on our Facebook page)
Sat 14th	11.30 am Community Kitchen until 1:30 pm

Sun 15th	<u>The Second Sunday before Advent</u>	
	8.30 am	Morning Prayer in church
	10:00 am	Parish Eucharist (also streamed on our Facebook page)
	PM	Evening Prayer in church (time varies each week – please ask Fr Nicholas)
Mon 16th	<u>St Andrew the Apostle</u>	
	6.00 pm	“How to pray” Faith Group on Zoom (ask Revd Jane for details)
Weds 18th	10:00 am	Morning Prayer on Zoom
	5.00 pm	Sung Evening Prayer (also streamed on our Facebook page)
Thurs 19th	7:30 pm	Churches Together Prayer Meeting on Zoom
Sat 21st	11.30 am	Community Kitchen until 1:30 pm
Sun 22nd	<u>Christ the King</u>	
	8.30 am	Morning Prayer in church
	10:00 am	Parish Eucharist (also streamed on our Facebook page)
	PM	Evening Prayer in church (time varies each week – please ask Fr Nicholas)
Mon 23rd	6.00 pm	“How to pray” Faith Group on Zoom (ask Revd Jane for details)
Tues 24th	6.00 pm	Standing Committee on Zoom
Weds 25th	10:00 am	Morning Prayer on Zoom
	5.00 pm	Sung Evening Prayer (also streamed on our Facebook page)
Fri 27th	7:30 pm	Quiz on Zoom – all welcome (ask Revd Jane for details)
Sat 28th	11.30 am	Community Kitchen until 1:30 pm
Sun 29th	<u>The first Sunday of Advent</u>	
	8.30 am	Morning Prayer in church
	10:00 am	Parish Eucharist (also streamed on our Facebook page)
	PM	Evening Prayer in church (time varies each week – please ask Fr Nicholas)

News

In church safety protocol

- 2m physical distancing to be observed at all times except with people of your own household.
- One-way system to be observed for entry-exit and for Holy Communion.
- Please be seated on one of the marked seats, starting with the front pews.
- The wearing of a mask in church is compulsory.
- Please do not touch objects or furniture unnecessarily.
- No singing during the service, except by a cantor.
- Sanitise your hands if possible with your own hand-sanitiser just before and after removing the mask for Communion.
- Communion will be by bread alone; having sanitised their hands, the priests will deposit the wafer onto your extended hand in silence.
- If you come to the railing for a blessing, the priest will bless you in silence.
- Please do not leave the Sunday Sheet behind after the service but take it with you.

Thank you for your co-operation and patience.

Links to services on Facebook / Zoom

The Sunday Eucharist is now being streamed live; this is the link to view it at your leisure, as well as to follow live a sung Evening Prayer every Wednesday at 5:00 pm:

<https://www.facebook.com/StMartinPotternewton/>

Join Morning Prayer on Zoom, Wednesdays at 10:00 am

If you know of people who do not have a computer or a smartphone, they can listen to the Wednesday Morning Prayer service by dialling this number: 0330 088 5830 (cost of a local call; not a premium number). They will then be asked to enter the meeting ID When asked for Participant ID they should just press the hash button: #

Fr Nicholas

Do take a look at the Facebook page regularly to keep up to date with any news. The links for joining in our services are also on there.

News

Covid experiences

The last seven months have been challenging for those working in the arts. As a self-employed musician, much of my work has been rather vulnerable although I must say that, so far, I have been one of the lucky ones. I have been fortunate that it has been possible to continue providing music for worship at St Martin's and that a lot of my work was able to continue online when lockdown made it impossible to continue with it any other way.

I kept much of my teaching going during lockdown by giving piano lessons via Zoom, Skype and similar mediums. This was a learning curve for all concerned. We grappled with the technology at both ends; parents worked out how to position the camera, usually precariously atop books or biscuit tins, and often acted as an intermediary to do all the things I couldn't do at a distance like writing on the students' music. It certainly honed my ability to explain things effectively as it was harder to demonstrate things properly or show beginners where notes were when I wasn't sitting next to them!

As for organ playing, it was a good time to learn new repertoire, which is something I don't often have time to do. When the church was closed, I was very glad to have my old electronic organ in the house – it had never had so much use! This was especially the case when we started holding our Sunday worship online. My neighbours soon became acclimatised to me loudly singing hymns and playing the organ at 10am each Sunday!

One thing this pandemic has shown us is the importance of keeping in touch. It has reminded me just how much music is something whose success depends on teamwork and camaraderie, just as a worshipping community is at its strongest when we talk to and support each other. Technology, as frustrating as it may often be, has been a great lifeline for us and helped to keep us as connected as possible at a time of unprecedented isolation. Much of my work is slowly returning to being carried out in person, where it is safe and appropriate for this to be the case and it is wonderful that we are able to gather for worship once more, albeit in restricted numbers and without the fellowship that is so important to us on Sundays. It is still not suitable or indeed physically possible for everyone to gather together as we would have done previously and the technology therefore still plays a vital part in keeping everyone

together, via such things as the Friday quiz evenings and the possibility to join in with worship via Facebook live-streams. We all long for the day when we can meet again without restrictions or a sense of unease but, in the meantime, let's be grateful for the virtual togetherness we have been able to experience as we move towards winter!

Matthew Lazenby

Tots' Service and Harvest Sunday

Though it was debatable if we were going to proceed with our Tots service as a result of changes brought about by Covid-19. We managed to have a Tots service for nursery schools in our parish as normal this year (2020), and we had three toddlers and two teachers. We received apologies from other nurseries, including one which was going to come with 15 toddlers. Let me update you on how the service unfolded.

It started with a wrapped cloth containing different kinds of fruit, most of which the children identified. The interesting fruit was the spiky, green fruit, which is the African cucumber, but there wasn't time for me to slice it open for them to see.

The "big red combine harvester" was played in the background on my mobile to try and spice up the event (in the absence of organ music), but Jennie's flowers were more appealing to



our young audience. The toddlers also joined me in front of the altar, and besides looking at the Altar frontal and being amused by it, they were also gazing at the pile of tins which were donated on Harvest Sunday, tomatoes and beans were recognisable to our young guests who shouted loudly "beans".

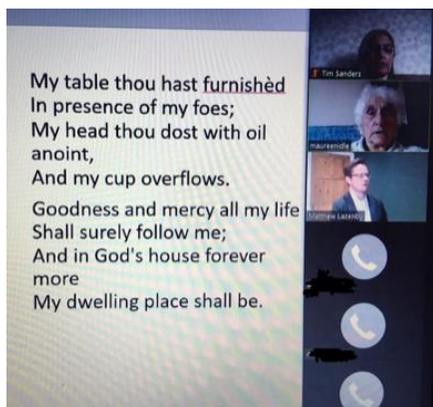
This, in small ways, was also a time of celebration and thanksgiving. As part of an activity I had brought with me bananas, oranges and grapes. Emphasis was put on how different sizes, texture and colour spoke of diversity, which was a central theme of this short service. I spoke of how God had willed for us to be different and as a result, being different was something that had to be celebrated.

This brings me to our service on Sunday, which was well attended. We welcomed 38 people through our church doors, who braved the cold to mark the day which has been part and parcel of the church year. Harvest Sunday, invited us to reflect on how we can be good stewards of what God has blessed us with. The beautiful decorations that Jennie and Sue provided added to the feel of celebration. Our church organist (Matthew) led the singing in his melodious voice, as well as playing our church organ, which gave colour to this day.

Fr. Ericsson

Songs of Praise on Zoom

On the afternoon of Sunday 11th October Revd Jane organized a Songs of Praise service via Zoom assisted by Matthew providing the music using the electric organ at his home. A number of our congregation joined in through their computers or ipads and some simply by the telephone without picture. It was so lovely to see familiar faces and hear familiar voices once again. It was a wonderful opportunity to sing



much loved songs together which is something that cannot yet happen communally in church. Although, we had to sing mostly whilst individually on mute to avoid any technical delay / feedback issues! Songs included "Send the Light", "What a friend we have in Jesus" and "Blessed Assurance". We heard and contemplated on Psalm 23 and then sang "The Lord's my Shepherd". Revd Jane offered up some words of comfort and reassurance as we are finding our way through the pandemic. We each individually had the opportunity to offer up prayers for particular people affect by, or circumstances created by this virus. It was a shame that we could not join together afterwards for a cup of tea as we would have done after such a similar service in church. But as Maureen said, 'it has just been lovely to sing along with our own congregation and friends. It's nice to sing along to Songs of Praise on the TV but it's not the same as your own congregation'.

Helen Sanders

From All Souls

`I was glad when they said to me, let us go into the house of the Lord` (*Psalm 122 verse 1*)

What a joy when I was asked by Bishop Paul and Father Nicholas to go to the house of our God All Souls Little London to be the Associated Priest there. Although at the time I didn't know where All Souls was and I got lost on my first drive there on my own, thankfully Deacon Warwick came to my rescue. It seems a long time ago now but it is only three years. It has been a privilege and an honour to be among the great cloud of witnesses of priests, curates and deacons past, present and future, serving God and All Souls and the community of Little London.

I have had the joy and privilege of working and getting to know many many people over the 33 years of my ministry as a lay person and ordained. Now it is with great sadness that I have to retire from ministry because of health reasons. Yet I also know that I have been blessed beyond words and my spiritual life enriched at this end of my ministry with the friends I have worked with at All Souls. The kindness, understanding when I got things wrong, the support, Christian love and hospitality has been first class, from a small congregation who welcomes all people from different backgrounds, social class, Christian or non-Christian all are equal at All Souls.

The church congregation is a continuation of our own family, they are there for us when our family members are living or working in a different part of the country or living in another country. We see them once, twice or more every week, we make a huge impact on each other's lives whether we know it or not. The church family at All Souls and St. Martins have given me wonderful memories, I hope and pray the family at All Souls and I have achieved some positive goals together and they will I know, continue to grow, build and plant in more ways than one The Kingdom of God in and around Little London.

All Souls thank you all for what you have given to me. God bless and keep you all safe and well, until we meet again.
May God hold us all in The Palm of His Hand.

`I was glad when they said to me. Let us go into the House of The Lord`

Love and prayers, *Mother Helen.*

Regulars

Mothers' Union



Covid 19 has affected us all in different ways and has made life difficult for everyone - not being able to mix with neighbours and friends; unable to visit loved ones; some of us have lost loved ones due to this deadly disease; holidays cancelled; and our church services being cancelled. We have been unable to show our affection to one another or comfort one another at a time of need which I personally found extremely difficult when my daughter was diagnosed with a life threatening illness at the beginning of lockdown and I could not give her a hug or have physical contact in anyway.

Despite all of this we have much to be thankful for. The birds are still giving me great pleasure feeding from the feeders on my apple tree. I have taken to contacting people who I have not been in touch with for some time and caught up with their news. Although I have had holidays cancelled I have enjoyed revisiting my previous holiday photos I have stored online which brings back so many happy memories and I even managed a short holiday in the Isle Of White with a friend which made me appreciate the beauty of our own country.

Although we were unable to have our services in the church for some time we were at least able to share our Eucharist service online or by telephone.

I try to visit Meanwood park every day and am in awe of its beauty and always give thanks to God that I am able to visit there and ask for his blessing on all who also visit there.

My daughter has now got a Labrador puppy who is delightful and who I take with me to the park whenever possible and she gives me so much pleasure and is a real blessing now I no longer have my little Sam...

I joined in the Lent prayer group led by Rev Jane on Zoom and I am pleased to say this is still continuing. Also the quiz again organised by Rev. Jane which is held every three weeks and although I am not too good at it, it does bring us together and is a light relief amongst the doom and gloom of daily life.

I am pleased to say my daughter is now doing very well and I would like to thank everyone who held her in their prayers. I was of course eventually able to cuddle her but of course once more am unable to

do so but as she lives next door to me at least I am able to see her every day.

We will all never forget the effect of the coronavirus but let us all take time to reflect that God is and always will be there for us and one day this terrible curse will end.

Love to you all,

Maureen Idle

Eco top tips

November – Get to grips with your bills

1. Get to grips with your energy bills. The information on a typical energy bill can be confusing. But understanding it can go a long way to helping you get to grips with your energy use. www.energysavingtrust.org.uk/home-energy-efficiency/energy-saving-quick-wins
2. Switch your electricity supplier so that you support renewable electricity generation rather than electricity made by burning fossil fuels. You could use the Green Journey price comparison site <http://greenjourney.switchgasandelectric.com/>
3. More than half the money spent on fuel bills goes towards providing heating and hot water. Installing a room thermostat, a programmer and thermostatic radiator valves and using these controls efficiently could save you around £75 a year.
4. If you already have a full set of heating controls, turning down your room thermostat by just one degree can save around £80 a year. Jumpers are in this year!

Jemima Parker, Diocesan Environment Officer



Articles

SAINT OF THE MONTH: William Temple 6th November

The story is told of two young people who climbed a mountain in the Lake District and met a man at the top with whom they shared a conversation just for a few minutes before walking down again. They were so deeply impressed by that short chat that they made inquiries as to who he was and found that they been talking with none other than the Archbishop of Canterbury!

I have to admit I can understand their feelings. For this month's "saint", William Temple, is a personal "faith hero" of my own. I never met him for he died at the age of 63 in 1944 when I was ten. Yet he has had a powerful influence on my own life and belief. And, unknown to most, his influence is felt today – 65 years after his death – in the way the modern church conducts its affairs.

He had an extraordinary life. He was that rare kind of man who managed to combine a powerful intellect with a loving nature. He enjoyed a rather privileged upbringing (his father was also Archbishop of Canterbury!) but his whole life was directed by a genuine understanding of the common man and a burning desire to share the Gospel of God's love with him. In fact, it was this desire that led him to devote his life to dragging the Church of England into modern ways of thinking and acting – not the easiest thing to do!

Members of the PCC may not thank him for creating the present democratic system of governing the church but he fought hard to take decision making out of the hands of clergy only and share it with the lay people as well – hence those committees!

He strove to bridge the gaps between Christian denominations and was instrumental in setting up what we now know as the "Churches Together" movement.

He was involved in all kinds of social work, forcing the church to look beyond its ancient walls to see the real needs of ordinary people.

Archbishop Temple was a great visionary and, somehow, he managed to combine all this work with writing highly influential books on theology. But to read his books is, I think, to understand the source of all this energy. He was, above all, a man of deep spirituality and this shows in his writings. To understand this more

clearly, may I recommend you to read his gentle and inspiring “*Readings in St. John’s Gospel*”. The book had a strong effect on my own thinking and, you never know, William Temple may well be just the man who will help you as he did me years ago.

Brian Pearmain

Food Glorious Food?

I love my food. Like most of us, eating is more than purely a functional re-fuelling of my body. Mealtimes provide social times with the family, certain foods bring back memories or offer comfort and I have special favourites to celebrate birthdays and other special occasions. The preparation can be as important as the eating. The annual ritual of making my Christmas cake from my grandmother’s recipe, as I did with my mother as a child, is a delight to me.

The social and cultural significance of food is very clear in scripture. Old Testament food laws helped with food hygiene, mealtime rituals kept families together and focused on God. Jesus upheld some social norms with what he ate and broke others by whom he chose to eat with.



We should not be surprised therefore, that it is challenging to change our dietary habits. But change we must. For an average UK resident 28% of our 11 tonnes of carbon emissions come from our food. In a climate emergency this is not sustainable.

If we are to keep global average temperatures below 1.5 degrees of heating, we need to take large-scale action in the next 10 year. What we put on our plates is part of this.

To help us take action we are running a 10 Pledges programme across the diocese. Choosing to have two locally sourced meals a week is the second of the 10 Pledges. This means “in season” food produced in the UK or more locally. In the autumn, that means fruit and veg such as apples and pears, squashes, mushrooms, sweetcorn, kale, beetroot, carrots, parsnips, swedes and potatoes. You could just start simply with porridge for breakfast!

As we went into lockdown in March, we were all given a wakeup call about the complex web of food supply chains we rely on to put groceries on the supermarket shelves. Many people had never really thought about where, or how, their strawberries or beans were

actually grown let alone the carbon cost of choosing to have, say, rice instead of potatoes or pasta.

Becoming more aware of where our food comes from helps us to be more appreciative of God's blessing to us through creation, as well as of the farming community who are amazing guardians of the land. It also helps us become more discerning shoppers as we can choose to support farmers who strive to enrich their farm's biodiversity, reduce carbon emissions and water pollution, through for example farming organically.

Food miles are an important part of the carbon emissions from our food, on average transport makes up 19% of the carbon cost of food. How the food products are grown and processed are however, more significant, with the "on the farm" emission making up 45% and the "in the factory" emission 28%. And while we are right to be concerned about disposing of the packaging correctly, the carbon produced in making food packaging is only a small part, 7%, of its overall carbon emissions on average.

As we thank God for His goodness, can you review your diet and pledge to reduce the carbon footprint of your food?

www.leeds.anglican.org/environment/lifestyles

Jemima Parker, Diocesan Environment Officer

1	PLEDGE	1 I pledge to ring my electricity supplier over the next 24 hours and see if I can switch to green energy (if not I will find one).
2	PLEDGE	2 I pledge to buy local seasonal produce as much as possible. Starting with at least two meals a week.
3	PLEDGE	3 I pledge to educate myself about the science and impacts of climate change.
4	PLEDGE	4 I pledge to contact my MP and my friends to ask them to make these pledges too.
5	PLEDGE	5 I pledge to walk, cycle use public transport to travel to work or regular journey least once a week. Or register with your local lift share community e.g. liftshare.com/uk
6	PLEDGE	6 I pledge to work out my own carbon footprint using one of the many easy to use carbon calculators, such as: www.climatestewards.org
7	PLEDGE	7 I pledge to do a 'home energy check' to find out how I can save energy in my home. I will contact the Energy Saving Trust on 0800 512 012 or visit their website.
8	PLEDGE	8 I pledge to turn my thermostat down or use a thermometer to reach the lowest comfortable temperature (typically 18-21°C) and think about putting on a jumper instead.
9	PLEDGE	9 I pledge to reduce my holiday air miles by 50%.
10	PLEDGE	10 I pledge to research 'driving in a greener way', by internet search or by booking a lesson to learn eco-drive techniques.

The Birds in your Garden – Mike Gray

Bird Flocks in your garden

The treecreeper is an intriguing little bird and a joy to watch. It can be seen in gardens where, as would be expected with such a name, it creeps up and around trees, often being described as mouse-like. Despite it not often being spotted it is a lot more common than you might think, with over 200,000 breeding territories in the U.K.

Although about the same size as a Wren, it looks larger because of its long down-curved bill and its much longer, stiff tail feathers which it pushes against the tree for extra support. This means that, unlike the Nuthatch, it can't go back down the trunk, it has to fly down. They forage up one tree in a spiral around the trunk, then fly to the next one to repeat the process. A bird seen scuttling down a tree is almost always a Nuthatch.

Treecreepers are vulnerable to cold weather of a particular sort. If wet snow or rain is followed by a hard frost, ice can encase the trees, sealing in their food, and they can be in trouble. These conditions rarely affect the sheltered interiors of woods, so Treecreepers in such a habitat should be less likely to suffer. However, birds which rely on a network of more exposed trees, often those that typically visit gardens, can be vulnerable. Being so small, they do need to be able to feed during all the available daylight hours in winter.

The Treecreeper's diet is made up of insects, insect larvae and spiders, but they will eat some small seeds, mainly pine and spruce, if they are really hungry in the winter months. They do not usually take supplementary bird food, though in recent years there has been an increasing number of reports of them feeding on peanuts in a mesh feeder.

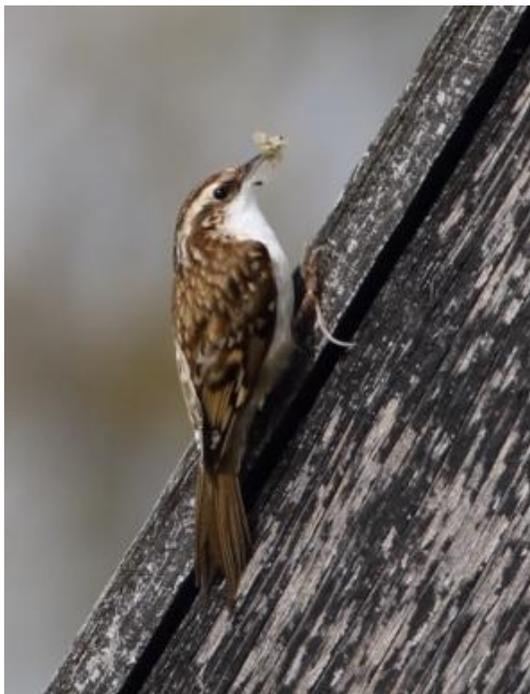
The population is stable, with no long-term trend up or down, though their numbers do fluctuate from year-to-year, with a negative trend being especially noticeable after cold, wet winters.

They are sedentary birds only leaving their breeding territories in autumn, and even then, usually going no further than a few kilometres. Once a treecreeper establishes a territory, it tends to stay within its boundaries. Although solitary during most of the year, they will join flocks of tits in autumn and winter, roaming woodlands and parks seeking food.

As I said, Treecreepers are quite common, but rather hard to spot. Usually it's a movement that gives them away – look out for them on tree trunks or even fence posts, but approach quietly. When disturbed they freeze, their mottled plumage blending into the pattern of the bark. They also have an annoying habit of avoiding you by moving quickly to the other side of the tree the minute you spot them.

They are more usually seen in gardens between November and April, probably because they are more conspicuous when there are no leaves on the trees. Their song does not help in locating or identifying them either, being a very quiet 'see-see-see' sound easily mistaken for insect noise.

If you find the lives of our garden birds to be of interest, and would like to join in and count the feathered occupants of your garden, please contact me or visit the BTO Garden BirdWatch website (www.bto.org/gbw).: **Mike Gray** or gbwmike@gmail.com



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Readings



November 1st

1 John 3:1-3
Matthew 5:1-12

November 8th

Amos 5:18-24
Matthew 25:1-13

November 15th

Zephaniah 1:7, 12-end
Matthew 25:14-30

November 22nd

Ephesians 1:15-end
Matthew 25:31-end

November 29th

Isaiah 64:1-9
Mark 13:24-end

THOUGHT FOR THE MONTH

From the book: *Peace of Heart in All Things*, by Brother Roger Shutz, founder of the ecumenical community of Taizé, GIA Publications

Christ Jesus, you never lead us into discouragements that knock us off balance. And though there may be trials in store for each person, there is, above all, compassion that comes from you. It brings us back to life.

From the Registers

Funerals:

30/09/2020 – Franklin Pond
7/10/ 2020 - Daniel Johnson



Transport

Would you like to come to Church services when they start up again but cannot get there by yourself? Please let us know and we will try to come up with a way of getting you here to worship with us.

St. Martin's Free Community Kitchen

Our doors are open to families, individuals, the homeless, underprivileged and whoever else may be in need of some delicious food.

Every Saturday, serving 12pm-2pm

Come and find us at

St. Martins Institute
St. Martins View
Leeds
LS7 3LA



Just off Chapeltown Road



Community Kitchen

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in" (Matthew 25:35)

Started in July 2014, The Community Kitchen is usually open on Saturday lunchtimes to provide meals for those who need them.



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St Martin's View, LS7 3LA

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